



Senior Citizen Medical ID Program

Co-sponsored by:

Mayor Richard M. Daley and City Clerk James J. Laski



Senior Citizen Medical ID Program

Dorothy A. Mack Birth: 10-01-26 121 N. LaSalle St. Chicago, Illinois 60602 Emergency Contact: Jane Doc 000-444-4444



n

Medical Conditions:

Heart Trouble

Other Conditions:

Arthritis

Medical Allergies: Penicillin

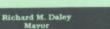
Blood Pressure: High

Doctor: Dr. Smith

Doctor's Number: 333-3333 Insurance Company: HMO

Office of the Chicago City Clerk, James J. Laski (312) 744-2506



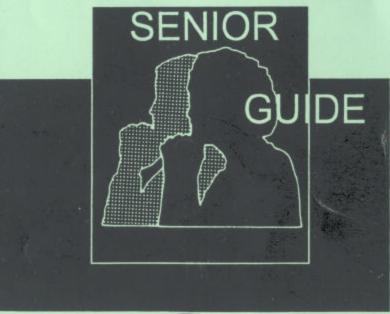




James J. Laski City Clerk



Office of the City Clerk



Richard M. Daley Mayor



James J. Laski City Clerk





Dear Friend,

My office has designed the Senior Guide to introduce you to various programs and services available to senior citizens. The resources are readily available, however, many individuals do not know who to call for assistance.

The Senior Guide lists brief descriptions of some of the government programs along with the agencies that provide these particular services. For your convenience, a phone directory is provided. Although all of the phone numbers could not be listed, the toll-free numbers listed should help guide you in the right direction.

As always, please feel free to contact my office for further assistance. My staff and I will be happy to answer any questions or concerns you may have.

I hope this guide will be a useful tool in enabling you to take advantage of the many beneficial programs you may not have been aware of.

Sincerely,

James J. Laski Chicago City Clerk

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City Clerk, James J. Laski

121 North LaSalle, Room 107 Chicago, Illinois 60602 1-312-744-6861

The following services are offered at the City Clerk's office:

City Clerks Official Website: www.chicityclerk.com

City Stickers

Residential Parking Stickers

Guest Parking Passes

Dog Licenses

Kids ID Program

Passports Applications

Passport Photos

Landlord/Tenant Rights Information

Business Licenses

License Plate Sticker Renewals (downtown only)

Claim Forms

Flu Shot Program

Childrens Immunization Program/Lead Screening

City Sticker Contest

City Council Journal of Proceedings (available online)

Chicago Street, Student and Senior Guides

We would also like to introduce our new Satellite Office located at: 5301 South Cicero Avenue, Suite 106
1-312-745-1100

Our Satellite Office offers a majority of these services to better serve the public. If you have any questions regarding any of these services, please feel free to call and save yourself a trip downtown.

Transportation

For complete listings of R.T.A., C.T.A., Pace and Metra Transit Schedules, call 836-7000 (any area code)

ADA -- Americans With Disabilities Act.

The ADA offers a door to door pick up service for individuals that have a condition preventing them from taking public transportation.

Rides throughout the city are \$1.50 each way.

Rides to the suburbs are \$2.00 each way.

For further information regarding qualifications call:

(312) 917-4357

(312) 744-4016

(312) 744-6777 (TTY)

Local And Regional Transportation Authorities

R.T.A.	(312) 836-7000
C.T.A.	(312) 836-7000
Metra	(312) 322-6777
Amtrak	(800) 872-7245
Greyhound Bus Line	(800) 231-2222
National Transit Hotline	(800) 527-8296

Call ahead to see if your choice of transit offers senior discounts.

Resources and assistance for the following programs are provided through the Chicago Department on Aging. For further information regarding these programs, please call the location nearest you.

CHICAGO DEPARTMENT ON AGING INFORMATION AND ASSISTANCE.

City Hall 121 North LaSalle Street Room 100 Chicago, Illinois 60602 (312) 744-4016 (TTY) (312) 744-6777

REGIONAL CENTERS.

Central/West Center	Northeast Center (Levy)
2102 West Ogden Avenue Chicago, Illinois 60612	2019 West Lawrence Avenue Chicago, Illinois 60625
(312)746-5300 (TTY) (312)744-0319	(312) 744-0784 (TTY) (312) 744-0320
Northwest Center (Copernicus)	Southeast Center (Atlas)
3160 North Milwaukee Avenue	1767 East 79th Street
Chicago, Illinois 60618	Chicago, Illinois 60649
(312) 744-6681 (TTY) (312) 744-0321	(312) 747-0189 (TTY) (312) 744-0322
Southwes	t Centers

6117 South Kedzie Avenue	6012 South Archer Avenue
Chicago, Illinois 60629	Chicago, Illinois 60638
(312) 747-0440	(773) 284-0293
(TTY) (312) 744-0323	

Gatekeeper Program.

The Chicago Department on Aging in partnership with Commonwealth Edison and Peoples Gas coordinate a community watch program. This program provides assistance to vulnerable elderly persons who may be unable to reach out in cases of need or danger. Trained gatekeeper representatives will immediately notify the Chicago Department on Aging if certain signals of danger in an elderly resident is recognized. The senior will be notified and if necessary help will be sent.

Senior Companion Program (S.C.P.).

Contact your local Department on Aging regarding this volunteer program which was designed to help chronically impaired older adults and frail elderly persons. Senior Companions volunteer four hours a day, five days per week and assist in such duties as: visits to homebound elderly, personal care, respite care and walking with, reading or writing letters for client.

Respite Care.

A range of in-home care services including professional companions, chore/homemakers and home health aides are included in the Respite care program. This program enables care givers to get some relief from the constant care to an impaired elderly person.

Legal Services For Senior Citizens.

A number of community organizations have programs to assist senior citizens with legal questions involving will and estate matters. Also, many can help you with legal issues, such as public aid eligibility and Social Security benefits. Contact your local Department on Aging for further information.

Red Tape Cutters Program.

The Chicago Department on Aging links Chicago residents age 60 and older to more than 40 city, state, and federal benefits to which they may be entitled. In order to determine which benefits you are eligible for, call the local Chicago Department on Aging in your area to receive a Red Tape Cutters application via post mail.

Home Delivered Meals Program.

Home delivered meals are provided to homebound, frail elderly persons who meet specific qualifications. Hot, cold or frozen meals, depending on the assessments of the senior's needs, are delivered up to seven days a week.

Chore/Housekeeping Service.

When necessary through health or safety factors, to help enable older persons to live independently in their own homes, The Chore Service is the arrangement of shopping, laundry, and housekeeping tasks. Call the Chicago Department on Aging regarding eligibility and assessment for these services.

Carrier Alert Program.

Through a combined effort between the National Association of Letter Carriers, the United States Postal Service and the Chicago Police Department, this program keeps a watch on older persons who live alone. The postal carrier will notify the Chicago Department on Aging if an individual's mail is not picked up for two days to assure that a responsible agency will be alerted to check on the well-being of that person. To register for a decal to be placed on your mailbox, contact the Chicago Department on Aging.

Senior Citizen Sewer Service Charge Exemption

The City of Chicago, Department of Sewers, Senior Citizen Sewer Charge Exemption is a water-sewer reduction program for seniors 65 or older who live in their own home. For further information and to request an application, call or write to:

City of Chicago
Department of Sewers
Senior Citizen Exemptions
121 North LaSalle Street
Room 102
Chicago, Illinois 60602
(312)744-7456
City of Chicago
Department of Sewers
Senior Citizen Exemptions
333 South State Street
Room 410
Chicago, Illinois 60604-3971
(312)747-8480

The Senior Homestead Exemption.

Senior Citizens receiving the Senior Citizen Exemption automatically qualify for the Homeowner Exemption and do not have to apply for it separately.

The Senior Exemption reduces the equalized assessed valuation of a senior citizen's home by \$2,500 to eligible residents. This can result in a tax savings of as much as \$250. Together with the automatic Homestead Exemption eligible seniors can save as much as \$700 on their property tax bill. To qualify: you must be 65 years of age or older during the year that you are applying for. As of January 1 of the year for which you are applying, you must either own the property or have a lease or contract which makes you responsible for the real estate taxes; and as of January 1 of the year for which you are applying, the property must be your principle residence. For further information, call the Cook County Assessor's office at: (312)603-6600.

The Senior Citizen Assessment Freeze Exemption.

The Senior Citizen Assessment Freeze Exemption allows qualified senior citizens to apply for a freeze of the equalized assessed value (EAV) of their property for the year preceding the year in which the applicant first qualifies and applies for this exemption. For further information, call: The Cook County Assessor's Office Senior Assessment Freeze Department at: (312)603-6600. The deadline to apply for 1999 is June 2, 2000.

The Senior Citizen Property Tax Deferral Program.

This program enables qualified homeowners to use the equity built up in their homes to defer property tax payments until the property is sold. Applicants must be 65 years or older, own and reside in their home, and have a total household income of \$25,000 or less. Applications must be filed by March 1st. For further information and to request an application, call: Cook County Treasurer at: (312)603-6204.

Clerk of the Circuit Court of Cook County Honorable Dorothy Brown

The Clerk of the Circuit Court of Cook County offers to bring its services to the various Senior Citizen Facilities in Cook County. Representatives from Clerk Dorothy Brown's Office are available to speak to the Senior Community to discuss issues and concerns of Seniors. The purpose of the Clerk's Office is to educate Senior Citizens about the daily functions of the Circuit Court Clerk's Office and how to utilize the many services available. Staff members from various divisions are available to speak to Seniors Groups regarding Chancery, Law, Probate, Civil and Criminal issues, to name a few. Although the Clerk's Office cannot provide legal advice, they can answer your questions and direct you to the proper sources. For more information about Clerk Brown's Office and programs for Senior Citizens, call 312-603-5030 or write to Clerk of the Circuit Court, Richard J. Daley Center, Room 1001, Chicago, IL 60602. Also, visit Clerk Brown's website: www.cookcountyclerkofcourt.org.

Contact the **Illinois Department of Human Services** regarding the following programs and services, for further information call: 1-800-252-8635.

Food Stamps (Link Program).

Qualified applicants can increase their food purchasing power by supplementing payments for groceries.

Medicaid And Medical Assistance -- No Grant Programs.

These programs are administered by the Illinois Department of Human Services help provide certain medical services.

State Supplemental Payments To The Aged, Blind And Disabled.

(A.A.B.D.) provides additional assistance to those in financial need who are 65 or older, or who are blind or disabled, including SSI recipients and those with incomes higher than SSI standards. Its purpose is to supplement federal assistance programs.



Illinois Home Energy Assistance Program (I.H.E.A.P).

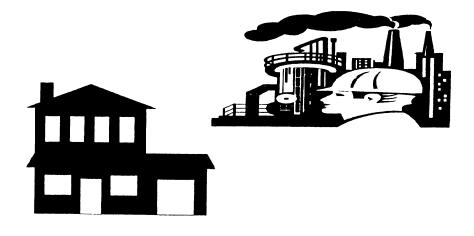
This program helps income-eligible households pay home energy bills. Also, emergency service is available to households who have been disconnected from an energy source which is needed for heating/or your fuel supplier who has refused to deliver to you. For further information, regarding this program, call CEDA (Community & Economic Development Association) 312-795-8800.

Illinois Home Energy, Low-Income Energy Program.

This designed for income eligible households provides free weatherization services such as caulking, weather-stripping, insulation, installing storm doors and windows, as well as furnace repair and replacement, if needed.

For further information regarding the weatherization program call CEDA for the location in your area.

Energy Hot Line 1-800-252-8643 CEDA 1-312-795-8998



Circuit Breaker/ Pharmaceutical Assistance Program

The Circuit Breaker program may provide a yearly grant for relief from property tax, mobile home tax, rent, or nursing home charges that qualifying senior and disabled persons pay on their residences.

The Pharmaceutical Assistance program is an optional benefit program that helps pay for approved prescription medications used for the treatment of Alzheimer's disease, arthritis, cancer, diabetes (including syringes and needles used to administer insulin), glaucoma, heart and blood pressure problems, lung disease and smoking-related illnesses, osteoporosis, Parkinson's disease.

To qualify for the Circuit Breaker and Pharmaceutical Assistance programs, you must be an Illinois resident age 65 or older, or disabled with an annual income of less than:

\$21,218 for an individual:

\$28,480 for a family of two; and

\$35,740 for a family of three.

Annual Pharmaceutical Costs:

The annual cost of Pharmaceutical Assistance coverage is based on your total income. Coverage will cost \$5 if:

- Your marital status is single and your total income is \$8,350;
- Your marital status is married and living separately and your total income is less than \$8,350; or

- Your marital status is married and living together, and your total income is less than \$11,250.
- Coverage will cost \$25 (+ \$3.00 per prescription 20% of all prescription costs beyond \$2,000) if:
- Your marital status is single and your income is \$8,350 or more;
- Your marital status is married and living separately and your total income is \$8,350 or more; or
- Your marital status is married and living together, and your total income is \$11,250 or more.

The postmark deadline for filing your 2002 Form IL-1363 (application for Circuit Breaker and prescription coverage) is December 31, 2003. If you want to continue to have pharmaceutical assistance or SeniorCare prescription coverage, YOU MUST RE-APPLY EVERY YEAR.

For further information and assistance, call:

Illinois Department of Revenue (800) 624-2459 TDD (800) 544-5304 City Clerk James Laski's Satellite Office (312) 745-1100

Registration Fee Discount Cards

Discount cards are automatically mailed by the Secretary of State's office to each household receiving Circuit Breaker assistance. The discount card entitles an individual to receive a 50% reduction on license plate fee for one vehicle if the card is submitted with his/her application for registration. For further information, call:

Secretary of State's Senior Help Line (800) 252-2904

SeniorCare Program

The State of Illinois has recently implemented a new program that covers prescription medicines for more health problems than the Pharmaceutical Assistance Program. For those currently in the Pharmaceutical Assistance Program, the SeniorCare card will replace their pharmaceutical assistance card. SeniorCare also covers some over-the-counter drugs, if your doctor prescribes them. If you have your own insurance that pays for prescriptions, you can choose to receive a \$25.00 monthly rebate check.

In order to qualify for SeniorCare you must complete Form IL-1363, application for Circuit Breaker and Pharmaceutical Assistance Program. The Illinois Department of Revenue will determine which program you will qualify for.

For application assistance from a local agency who provides assistance to seniors, call toll-free:

Senior Helpline:

1-800-252-8966

Health Benefits Hotline:

1-800-226-0768

For further information on program qualifications call toll-free:

Illinois Department of Revenue Hotline:

1-800-624-2459

For information regarding other prescription discount plans and programs, contact Ship (Senior Health Insurance Program), Illinois Department of Insurance at:

Ship toll-free Hotline:

1-800-548-9034

Ombudsman Program.

A Long Term Care Ombudsman program is coordinated through Area Agencies on Aging. The program helps older persons and their families who are trying to locate a nursing home. They provide information regarding nursing homes and assist in finding solutions to problems encountered by nursing home residents. For further information and assistance, call:

Chicago Department on Aging 510 North Peshtigo Court -- 3A Chicago, Illinois 60611 Telephone: (312)744-5957

Fax: (312)744-2759

Sub-State Ombudsman: Laura Bass

Cook County Legal Assistance Foundation Senior Citizens Legal Services 828 Davis Street, Suite 201 Evanston, Illinois 60201 Telephone: (847)475-3703

Fax: (847)475-3033

Sub-State Ombudsman: Robyn O'Neill



Medicare.

Medicare is a governmental health insurance program available to people age 65 or older and is administered by the Social Security Administration. Medicare Part A is hospital insurance which helps pay in-patient hospital and follow-up costs, as well as skilled nursing facility expenses. Part A is free of cost to Social Security recipients and is also available for \$225 per month to individuals not covered by Social Security. Part B is medical insurance which helps pay for doctor's fees, out-patient hospital expenses and in-home care costs. Part B is voluntary and has a premium charge. For further information, call:

Social Security Administration

1-800-642-6930

Social Security.

Social Security is a federal program that provides various benefits, retirement insurance being the most common. The program provides monthly payments to individuals who are at least 62 years old and have the required number of work credits, based on the number of years they have worked. The amount of benefits a retiree receives depends on his or her number of work credits, salary level and age. Social Security also provides disability benefits to workers who have become severely disabled before age 65. Survivors insurance is another benefit provided by Social Security. It provides payments to qualified widows and children of workers who accumulated enough work credits under Social Security before they died. For Further information, call: 1-800-772-1213.

Supplemental Security Income Disability Assistance (S.S.I.).

S.S.I. provides a minimum income for aged, blind and disabled people who are not eligible for regular Social Security benefits. No Social Security work credits are needed to be eligible. For more information, call:

Social Security Administration

General Information 1-800-772-1213 SSI-Disability Adjudicator 1-800-252-3607

About Your Medicines.

Did you know that 30% to 50% of those using medications do not use them as directed causing more doctor visits, hospital stays, lost wages, changing of prescriptions and costing Americans billions of dollars each year.

It is important to **Read the Label** before taking any medicine. The label should show a list of ingredients. Ask your doctor or pharmacist for a different medicine if you are allergic to anything in the medicine.

Read the Warnings carefully.

Check the **expiration date** on the bottle and do not use after that date. Thereafter, the medicine may not work as well.

Ask you doctor, pharmacist, or nurse for more information regarding side effects from medicines.

Keep your medicines organized.

Don't skip taking your medications.

Don't share medicines.

Don't take medicine in the dark.

- Talk with your doctor, pharmacist or nurse and ask questions, such as:
- · What is the name of the medicine?

Is a generic available?

What am I taking this medicine for?				
Should I take this medicine with food or on an empty stomach?				
What should I do if I forget to take my medicine?				
What side effects should I watch for?				
You should list any allergies you may have.				
Know your medicines you use, including over the counter medications and keep a record:				
(List The Ones You Use).				
Aspirin or other pain/headache/fever medicine				
Allergy medicine				
Antacids				
Cold medications				
Cough medicines				
Diet pills/supplements				
Laxatives				
Sleeping pills				
Vitamins				
Minerals				
Herbals				
Other				

Medication Chart

Date	Medication	Refills	How Much To Take	When To Take It	Taken For
915	Example	2	1 tablet 300 mg	3 times a day with meal	Stomach Pain

KEFP THIS LIST WITH YOU AND SHOW IT TO YOUR DOCTORS, PHARMACIST, OR NURSE.

Senior Tips On Handling The Cold

The Chicago Department on Aging advises senior citizens to use the following tips to handle the cold Chicago weather:

- Maintain heated environment (City of Chicago law requires landlords to maintain 63degrees at night; 68 degrees during the day and evening.
- Wear layers of warm, dry clothing including hat and gloves.
- Cover exposed skin surfaces as protection from **frostbite** (numbness, red-white nose, chin, fingers, forehead and stiff cheeks); warm gradually by wrapping or placing next to warm skin; do not rub affected areas.
- Be aware of **hypothermia** (body temperature 95 degrees or less); stiff muscles, puffy face, slowed breathing, poor physical condition, mental confusion; if these signs are recognized, call 911.
- Drink non-alcoholic beverages such as tea, coffee, hot chocolate, and soup.
- Maintain good nutrition and obtain plenty of rest.
- Prescription drugs may increase vulnerability to cold; check with your doctor or pharmacist.
- Be aware of elderly and disabled people living alone; offer assistance.
- It is dangerous to use an oven as a heating device. All space heaters are a fire risk if used improperly.
- Individuals 65 and older should obtain a flu shot every year.

For more information, call 1-312-744-500 or 1-312-744-8599 (TD**D**)

Hot Weather Safety Tips.

Extreme heat and high humidity can be dangerous to anyone, but particularly to the elderly and people with disabilities. Here are some safety tips for handling the hot Chicago Summer:

- Drink lots of water and natural juices, avoiding alcohol, coffee and colas.
- Avoid or minimize physical exertion.
- Avoid going out in extreme temperatures if possible.
- Do not eat heavy meals, and avoid using ovens to cook.
- Keep shades drawn and blinds closed with windows open slightly.
- Keep lights turned off or keep them low.
- Take cool baths or showers.
- Stay in air conditioning at home, or go somewhere that is air conditioned.
- Wear loose, light cotton clothing.
- Do not let anyone sit in a hot car, even for a few minutes.
- Check on family members, friends and neighbors.
- If you or anyone you know needs emergency medical attention, call 911 immediately.

Don't Forget your pets!

- Any animal can suffer from the heat, particularly very young or very old animals. Dogs and cats with heavy coats are especially susceptible to the heat as well as animals who are overweight or have a medical condition. Please follow these simple tips to help keep your pet safe:
- Never leave pets in parked vehicle. Even with the windows open, temperatures could rise well beyond a safe level.
- Provide water and shelter from the sun at all times.
- Do not over exert your pet with physical activity.

Phone Directory.

We hope that the following/numbers will be helpful:

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Alzheimer's Disease Hot Line
American Cancer Society
American Heart Association
American Parkinson Disease Association 1-800-223-2732
Attorney General's Office /
Cancer Information
Chicago: Park District
: Public Library 1-312-747-4300
: Department on Aging 1-312-744-4016 -
: Mayors Office / People With Disabilities 1-312-744-6673
City Clerk's Office
: Vehicle Stickers 1-312-744-6774
: Small Claims 1-312-744-6867
: General Licenses 1-312-744-6875
: Residential Parking 1-312-744-5346
: Dog Licenses 1-312-744-6875
: City Council Meeting Dates & Legislation 1-312-744-6861
: KIDS Program 1-312-744-2506
: Passport Program 1-312-744-2020
: Immunizations
Cook County Departments
:County Assessor 1-312-443-6151
:County General Information 1-312-443-5500
:County Treasurer 1-312-603-6204
Illinois State Departments
:General Information 1-312-793-1010
:Department on Aging 1-800-252-8966
:Department of Human Services 1-800-252-8635 🗶
:Department of Insurance
:Department of Revenue 1-800-624-2459
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Phone Directory Continued.

Illinois State Departments Continued	
:State Police	1-217-524-2525
:Department of Veterans Affairs	1-800-827-1000
:Housing Development Authority	1-800-942-8439
:Retired Teachers Association	1-217-523-8495
:Domestic Violence Hotline	1-800-799-7233
:Secretary of State Help Line	1-800-252-2904
Elder Abuse Hotline	1-800-252-8966
Eldercare Locator.	1-800-677-1116
Energy Hot Line	1-800-252-8643
Gray Panthers	1-800-280-5362
Hill-Burton Information For Free Health Care	1-800-638-0742
Hospice	1-800-331-1620
Lawyer Referral	1-800-968-0738
Lottery Information	1-800-252-1775
Mail Fraud Hotline	1-800-654-8896
Medicare Inquiry/Part B	1-800-482-4045
Medicare/Medicaid Fraud	1-800-642-6930
National Park Service	1-217-492-4150
Nursing Home Abuse	1-800-252-4343
Nursing Home Abuse. Office of Rehabilitation. Office of the State Guardian.	1-800-641-3929
✓Office of the State Guardian . Nover	1-312-793-5900
Recorder of Deeds Office	1-312-603-5050
Social Security Administration	
:General Information	1-800-772-1213
:Disability Adjudicators	1-800-225-3607
:Medicare Claims	1-800-642-6930
:SSI	1-800-252-8635
Tax Payers Information (Federal)	1-800-829-1040
Toll Free Number Directory	1-800-555-1212

6 313 - 473 - 431

	ALDERMANIC OFFICES (CITY HALL AND WARD OFFICES)	13	OLIVO, FRANK (312) 744-3076 E-MAIL ward13@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 6500 S. PULASKI RD. (60629) PHONE NUMBER (773) 581-8000
WARD 1	FLORES, MANUEL (312) 744-3063 E-MAIL ward01@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 1514 N. ASHLAND AVE. (60622) PHONE NUMBER (773) 278-0101	14	BURKE, EDWARD (312) 744-3380 E-MAIL ward14@ci.chi.il.us CITY HALL ROOM 302 WARD OFFICE 2650 W. 51ST ST. (60632) PHONE NUMBER (773) 471-1414
2	HAITHCOCK, MADELINE (312) 744-6836 E-MAIL ward02@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 449 E. 35TH ST. (60616) PHONE NUMBER (773) 924-0014	15	THOMAS, THEODORE (312) 744-6850 E-MAIL ward15@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 2440 W.MARQUETTE RD (60636) PHONE NUMBER (773) 778-9609
3	TILLMAN, DOROTHY (312) 744-8734 E-MAIL ward03@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 4645 S. KING DRIVE. (60653) PHONE NUMBER (773) 373-3228	16	COLEMAN, SHIRLEY (312) 744-3069 E-MAIL ward16@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 1249 W 63RD ST. (60636) PHONE NUMBER (773) 918-1670
4	PRECKWINKLE, TONI (312) 744-2690 E-MAIL ward04@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 4846 S. DREXEL AVE. (60653) PHONE NUMBER (773) 536-8103	17	THOMAS, LATASHA (312) 744-7738 E-MAIL ward17@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 7811 S. RACINE AVE. (60620) PHONE NUMBER (773) 723-0908
5	HAIRSTON, LESLIE (312) 744-6832 E-MAIL ward05@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 1900 E.71ST. (60649) PHONE NUMBER (773) 324-5555	18	MURPHY, THOMAS (312) 744-6856 E-MAIL ward18@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 8146 S. KEDZIE AVE (60652) PHONE NUMBER (773) 471-1991
6	LYLE_FREDDRENNA (312) 744-6868 E-MAIL ward06@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 406 E. 75TH ST. (60619) PHONE NUMBER (773) 846-7006	19	RUGAI, VIRGINIA (312) 744-3072 E-MAIL ward19@ci.chi il.us CITY HALL ROOM 300 WARD OFFICE 10444 S. WESTERN AVE. (60643) PHONE NUMBER (773) 238-8766
7	BEAVERS, WILLIAM (312) 744-6833 E-MAIL ward07@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 2552 E. 79TH ST. (60649) PHONE NUMBER (773) 731-1515	20	TROUTMAN, ARENDA (312) 744-6840 E-MAIL ward20@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 5859 S. STATE ST. (60621) PHONE NUMBER (773) 324-5224
8	STROGER, TODD	21	BROOKINS JR, HOWARD (312) 744-4810 E-MAIL ward21@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 9245 S. ASHLAND AVE. (60620) PHONE NUMBER (773) 874-3502
9	BEALE, ANTHONY (312) 744-6838 E-MAIL ward09@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 34 E. 112TH PL. (60628) PHONE NUMBER (773) 785-1100	22	MUNOZ, RICARDO (312) 744-9491 E-MAIL 22@aol.com CITY HALL ROOM 300 WARD OFFICE 2500 S. ST. LOUIS AVE. (60623) PHONE NUMBER (773) 762-1771
10	POPE_JOHN (312) 744-3078 E-MAIL ward10@ci.chi il.us CITY HALL ROOM 300 WARD OFFICE 3522 E. 106TH ST. (60617) PHONE NUMBER (773) 721-1999	· 23	ZALEWSKI, MICHAEL (312) 744-6828 E-MAIL ward23@ci.ch.il.us CITY HALL ROOM 300 WARD OFFICE 5838 S ARCHER AVE. (60638)
11	BALCER, JAMES (312) 744-6663 E-MAIL ward11@ci.chi il.us CITY HALL ROOM 300 WARD OFFICE 3659 S. HALSTED ST. (60609) PHONE NUMBER (773) 254-6677	24	PHONE NUMBER (773) 582-7323 CHANDLER, MICHAEL (312) 744-6839 E-MAIL ward24@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 4325 W. ROOSEVELT RD. (60624)
12	CARDENAS, GEORGE (312) 744-3040 E-MAIL ward12@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 2829 W. CERMAK RD. (60623) PHONE NUMBER (773) 843-9955	25	PHONE NUMBER (773) 522-2400 SOLIS, DANIEL (312) 744-6845 E-MAIL ward25@ci.chi.il.us CITY HALL ROOM 300 WARD OFFICE 2439 S. OAKLEY AVE. (606 16) PHONE NUMBER (312) 843-1200

		• 0	LAURINO, MARGARET
	ward26@ci.chi.il.us	39	E-MAIL ward39@ci.chi.il.us
CITY HALL	ROOM 300		E-MAIL ROOM 300
WARD OFFICE	3236 W. DIVISION. (60651)		CITY HALL ROOM 300
PHONE NUMBER	(773) 276-4269		WARD OFFICE 4404 W. LAWRENCE AVE. (60630)
	` '		PHONE NUMBER (773) 736-5594
BURNETT, WALTER, JR.			
	ward27@ci.chi.il.us	40	O'CONNOR, PATRICK (312) 744-6858
	ROOM 203	4 0	E-MAIL ward40@ci.chi.il.us
			E-MAIL ROOM 305
			CITY HALL ROOM 305
PHONE NUMBER	(312)432-1995		WARD OFFICE 5850 N. LINCOLN AVE (60659)
			PHONE NUMBER (773) 769-1140
	(312) 744-3066		
E-MAIL	ward28@ci.chi.il.us		DOHERTY, BRIAN (312) 744-3208
CITY HALL		41	E-MAIL ward41@ci.chi.il.us
WARD OFFICE			E-MAIL
PHONE NUMBER	(773) 533-0900		CITY HALL ROOM 200
			WARD OFFICE 6000 N. NUKTHWEST RW 1. (00031)
CADOTUEDS ISAAC	(312)744-3070		PHONE NUMBER (773) 792-1991
	ward29@ci.chi.il.us		NATARUS, BURTON (312) 744-3062
CITY HALL	ROOM 300	42	NATARUS, BURTUN
	5937 W. MADISON AVE. (60644)		E-MAIL ward42@ci.chi.il.us
PHONE NUMBER			CITY HALL
	• •		OFFICE 121 N. LASALLE
REBOYRAS, ARIEL			PHONE NUMBER (312) 744-3062
F-MAII.	ward30@ci.chi.il.us		FRUNE NUMBER
CITY HALL			(2.12) 744 3071
WADDOFFICE	3618 N. PULASKI RD. (60641)	43	DALEY, VI
			E MAII CID43(Waul.COIII
PHONE NUMBER			CITY HALL
			WARD OFFICE 735 W. WRIGHTWOOD AVE. (60614)
SUAREZ, RAY			PHONE NUMBER (773) 327-9111
E-MAIL	ward31@ci.chi.il.us		PHONE NUMBER (773) 327 7111
CITY HALL			(2) 744 2072
WARD OFFICE		44	TUNNEY, THOMAS (312) 744-3073
	(773) 486-6488		TO NAME WAIGHT (WCI,CIII.II.US
PHONE NUMBER	(773)480-0488		CITY HALL ROOM 300
MARIAN AN THEODODE CTED	(212) 744 (567		WARD OFFICE 1057 W. BELMONT AVE. (60657)
MAILAK, THEODORE (TED)	(312) 744-6567		WARD OFFICE
E-MAIL	ward32@ci.chi.il.us		PHONE NUMBER (773) 525-6034
CITY HALL			
WARD OFFICE	2148 N. DAMEN AVE. (60647)	45	LEVAR, PATRICK
PHONE NUMBER		4,5	E-MAIL ward45@ci.chi.il.us
	• • • • • • • • • • • • • • • • • • • •		CITY HALL ROOM 305
MELL RICHARD			CITY HALL
E ASATI	ward33@ci.chi.il.us		WARD OFFICE 4849 N. MILWAUKEE AVE. (60630)
OFFW HALL			PHONE NUMBER (773) 545-2545
CILI HALL	2640 N. PEDZIE AVE (60619)		
WARD OFFICE	3649 N. KEDZIE AVE. (60618)	16	SHILLER, HELEN
PHONE NUMBER	(773) 478-8040	4 6	E-MAIL ward46@ci chi il us
			E-MAIL
AUSTIN, CARRIE			CITY HALL ROOM 300
E-MAIL	ward34@ci.chi.il.us		WARD OFFICE 4344 N. BRUADWAT AVE. (00040)
CITY HALL	ROOM 209		PHONE NUMBER (773) 878-4646
WARD OFFICE	507 W 111TH ST . (60628)		
PHONE WILMBER	(773) 928-6961		SCHULTER, GENE
I HONE NOWIDER		47	SCHULTER, GENE ward47@ci chi il us
COLON BEV	(312) 744-6835		E-MAIL ward47@ci.chi.il.us
			CITY HALL
E-MAIL	ward35@ci.chi.il.us		WARD OFFICE 4/3/ N LINCULN AVE. 100010)
CITY HALL	ROOM 300		PHONE NUMBER (773) 348-8400
WARD OFFICE	2710 N. SAW YER AVE. (60647)		I HONE HONDEN
PHONE NUMBER	(773) 276-3535		SMITH, MARY ANN
		48	SMITH, MARY ANN
BANKS WILLIAM I	(312) 744-6857		E-MAIL ward48@dial.illinois.net
E MAII	ward36@ci.chi.il.us		CURVITATI
CITY HALI	ROOM 304		WARD OFFICE 3311 N BRUADWALAYE, (00070)
WADDOEFICE	ROOM 304 6839 W. BELMONT AVE. (60634)		PHONE NUMBER (773) 784-5277
WARD UTTILE	/773\201 2021		FROME NUMBER
PHONE NUMBER			(210) 744 2067
	(212) 511 0010	49	MOORE, JOE
MITTS, EMMA	(312) 744-8019		E MAN
E-MAII.	ward 3 /(@ci chi.ii.us		CITY HALL
CITY HALL	ROOM 300 5344 W. NORTH AVE. (60639)		WARD OFFICE 7356 N. GREENVIEW AVE. (60626)
WARD OFFICE	5344 W. NORTH AVE. (60639)		WAND OFFICE (772) 338-5706
PHONE NUMBER	(773) 745-2894		PHONE NUMBER (773) 338-5796
LIIONE HOWIDER			
ALLEN THOMAS	(312) 744-6811	50	STONE, BERNARD (312) 744-6855
ALLEN, INUNIAS	word 29 @c. chi il wa	50	F-MAIT Wardouge Cheminus
E-MAIL	ward38@ci.chi.il us		CITY HALL ROOM 201C
CHY HALL	ROOM 203		WARD OFFICE 6100 N 1 INCOLN AVE (60659)
WARD OFFICE	5817 W. IRVING PARK RD. (60634)		WARD OFFICE 6199 N. LINCOLN AVE. (60659)
PHONE NUMBER			PHONE NUMBER (773) 764-5050

NAME		
ADDRES		
CITY	STATE	ZIP CODE
TELEPH	ONE	
PHARMA	CIST	
PHARM	CIST PHONE	NUMBER

INSURANCE CARRIER / NUMBER

MEDICATIONS RECORD	

⁶ Contract, drawstress, obvious interior
1A ever above 100 degress for more than 24 hours
"Cough and wheezing when preaking
~ 5#Guly Leathing
 Districe, vomiting, or heavy tweeting
IT Drastic change wind/on
"Constatt stomach pain and tenderness
 Bk.e fingernalls. Else nosa with cald tion and grayish complexia
tiV san problems
M Weakness in arms and legs
DD Houlty speaking

CURRENT MEDICATIONS

DOSAGE	HOW OFTEN?	DOCTOR
	T	
+		
-		
-		
-	-	
+		
	DOSAGE	

Chicago Senior Citizen Medical ID Program

This program offers a free medical identification card to all Chicago residents 60-and-over who want their medical information and vital statistics readily available in the event of an emergency where they might become incoherent or experience confusion.

The front of the identification card will include the following information: name, address, date-of-birth, emergency contact name and phone number, and photo. On the reverse side, the card will include the following information: primary care physician name and number, medical conditions, blood pressure status, medical allergies and insurance information.

Chicago senior citizen centers and organizations can request this service by calling City Clerk Laski's office at (312) 744-2506 to schedule a date. In order to participate in the program, seniors must bring a form of identification to verify their identity. Seniors will then have their photos taken and personnel from City Clerk Laski's Office will merge the photo with the descriptive information and contact information to generate the ID's for seniors to carry with them. The seniors will receive the identification cards in the mail in two-to-three weeks.

ALLERGIES: